



Dear Friends,

Scott Peck's insightful book, *The Road Less Traveled*, begins with the statement:

Life is difficult

There really is no surprise in the statement. We are always seeking ways to navigate the challenges of our journeys and the expectations that we place upon ourselves or the anxiety we place upon others. As I am writing this article, the window of my office is open and I can hear the young voices of the children at Park Street Academy playing outside. Since it is the fall and "school" is just beginning, just a few minutes ago, I could hear a young child crying and asking for a parent to pick them up. I suspect it is a young person's first experience spending extended time away from their parents and the experience is scary. Life is difficult.

A truth we experience is the reality that nobody is exempt from the difficulties and challenges of life. We discover, through experiences, how we can live through the difficult times. I am hearing a different group of children outside at the moment, and can hear someone inviting her new "friends" to play with her. One learns to share frustration...one seeks to broaden the opportunities.

I was thinking of a pastor from Queens, Peter Scazzero, who wrote, *Emotionally Healthy Spirituality: It's Impossible to be Spiritually Mature, While Remaining Emotionally Immature*. In this interesting work he says, "Life can be difficult, so have fun wherever you can to the glory of God."

I invite us all to discover ways of sharing and experiencing fun!

Blessings,  
Pete

## Rally Day/ Presentation of Bibles

On behalf of our Christian Education Committee, I wanted to share with you important information about our programs for young people at Central Presbyterian Church.

On Sunday, October 9, we will be having our Rally Day experience for families. During the worship service, we will be presenting Bibles to young people who are in 3rd Grade. We will also present Bibles to any young person who is older who has not received a Bible. Our young people will participate in the worship experience for the first 15 minutes of the service and then engage in our Sunday School program. For the Bible Presentation, it would be helpful for families with children in 3rd Grade or older who would receive Bibles to communicate with the church office ([office.centralpresbyterian@gmail.com](mailto:office.centralpresbyterian@gmail.com)) that you will be in attendance. If your family will not be in attendance on the 9th, we will work with you to obtain your child's Bible.

Our High School youth will meet following worship at 11:15 with Rev. Pete to discuss the year ahead.

Our Nursery will be staffed every week. Evan Wilkinson will be returning this Fall to provide primary care for young children. Evan brings his six years of experience working with Infants and Toddlers at MMO Programs in Montclair.

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We would also like to remind you of four other items:

- On the first Sundays of the month, our church celebrates the Sacrament of the Lord’s Supper. As all are invited by Christ to the Lord’s Table, our young people will remain in worship throughout the service. We will be providing Nursery Care on all Sundays.
- Our 123 Kids Halloween activities will be taking place on Saturday, October 22, from 3 - 5 pm. *See information at right.*
- Beginning on Wednesday, October 19, we will have a study led by Pam Osborne on the book, “A Sacred Pulse”. The evening begins at 6 pm with a meal and then a conversation takes place. It is our hope that the evening will end at 8. We have child care on site for families with children. *Learn more on next page.*
- We have an amazing group of volunteers who provide leadership for our children’s programs on Sunday. As we share this, we are always seeking additional support. If you would be curious or willing to assist in teaching, please reach out to us. One doesn’t need to “know” the Bible, one simply seeks to share and support our young people with the organized activities that we provide. Your participation would be a blessing to all of the young people in our community. If you are interested or curious, please reach out to Pat Dancy (patdancy@yahoo.com).

We are looking forward to the fall and the opportunity to learn and grow as God’s children. If you have any questions, please feel free to reach out to me ([pastor.centralpresbyterian@gmail.com](mailto:pastor.centralpresbyterian@gmail.com)).



### Halloween Trail Saturday, October 22<sup>nd</sup>, 3-5pm



Little ghosts and goblins, get ready for a great time! Sign up in advance (link coming soon) and get ready for Halloween-themed fun. Our free, all-outdoors, event returns for a fourth year. This is a good time for guests and volunteers. Event will take place rain or shine. Get your tickets here:

<https://www.eventbrite.com/e/centrals-halloween-trail-tickets-430453466907t>

Sign up to volunteer here:

<https://www.signupgenius.com/go/4090545A4AE2CA6F58-centrals>

### New Addition to the Central Staff:

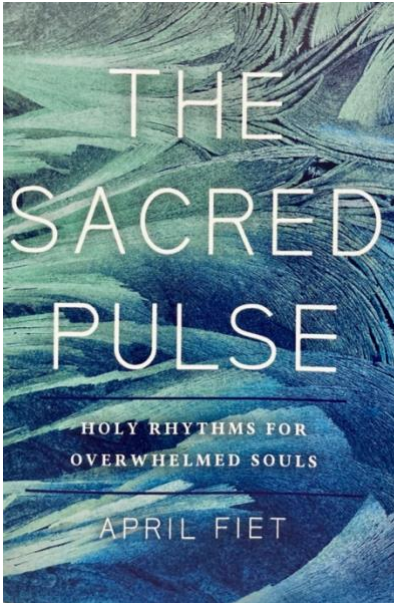
As we are in the process of searching to fill the Building Manager position, Neal Day will serve as an Interim Building Manager. Neal’s schedule will be very limited (10 hours a week). He will support our Building and Grounds Committee and the staff with projects that we continually have with our facilities. Our search for a permanent Building Manager continues.

## Birthdays



- |                  |                         |
|------------------|-------------------------|
| 2 Rudy Katwaru   | 12 Ed Alstrom           |
| Scott Osborne    | 13 Connie Reck          |
| 4 Carolyn Buck   | Catherine Alice Worth   |
| Elba Perez       | 16 Michael Fitzgerald   |
| 5 Barry Dancy    | 18 Michaela O’Hare      |
| Miles Norton     | 26 Diallo Hall          |
| 6 Carole Brand   | 27 Kathy Kauhl Johansen |
| 10 Lucas Deupree | 29 Darlene Sneden       |

# Faith & Fellowship



## “THE SACRED PULSE”

Wednesdays at 6:00 – 7:30 pm

October 19th, 26th and November 2nd, 9th, and 16th

Pam Osborne will facilitate a new book discussion group this fall. About the book: “In a world of hustle and bravado, silencing the noise takes practice. The Sacred Pulse shows us how to strip away all of the competing beats we have settled for so we can tap into the joyful, holy rhythms of life.”

Dinner and childcare will be provided. Books are available in the church office. They are \$20 – pay what you can. The title is widely available (Kindle, etc.)

6 pm – Dinner is served/Childcare opens

6:30 pm – Zoom opens and discussion starts

7:30 pm – End of program

8 pm – Childcare closes

Program contact: Erin Carlisle Norton – [ecarlisenorton@gmail.com](mailto:ecarlisenorton@gmail.com)



## YOUTH GROUP

1<sup>st</sup> and 3<sup>rd</sup> Sundays at 11:15 am – 1:00 pm

Middle and high school youth are welcome to join us for fun and fellowship Sunday afternoons. We’re starting back up on October 9<sup>th</sup>. See you then!

Program contact: Rev. Pete – [pastor.centralpresbyterian@gmail.com](mailto:pastor.centralpresbyterian@gmail.com)



## MEN'S BIBLE STUDY

Saturdays at 8 am via Zoom

October 8th and 22nd

Program contact: Scott Osborne at 201-704-2510 or [scott.osborne@verizon.net](mailto:scott.osborne@verizon.net)



## SUNDAY SCHOOL

Sundays after Time with Young Disciples (10:15 am)

We will restart our class on October 9<sup>th</sup>. Thank you so much to the volunteer teachers who have signed up to take a day in the rotation.

Program contact: Pat Dancy – [patdancy@yahoo.com](mailto:patdancy@yahoo.com)

# October 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>The Sacred Pulse</i> Book group dinners start at 6:00 pm. The discussion (and Zoom) starts at 6:30 pm.</p>						1
<p><b>2</b>  <b>World Communion Sunday</b>  <b>10:00am</b> Worship w/Lord's Supper  <b>6:30pm - 8:00pm</b>                      AA + Al-Anon</p>	<p><b>3</b>  <b>6:30 pm</b> Women in Action  <b>7:00 pm</b> Deacons Meet</p>	<p><b>4</b>  <b>9:30am</b> Staff Meeting  <b>5:30 – 9:30pm</b> Private Event/ Yom Kippur  <b>6:00pm</b> Christian Ed. Committee</p>	<p><b>5</b>  <b>9:30am – 5:30pm</b> Private Event/ Yom Kippur  <b>7:00-9:00pm</b> Private Event – Grace Hall</p>	<p><b>6</b>  <b>7:00pm - 9:00pm</b> AA</p>	<p><b>7</b></p>	<p><b>8</b>  <b>8:00-9:00am</b> Men's Bible Study</p>
<p><b>9</b>  <b>9:15am</b> Choir Rehearsal  <b>10:00am</b> Worship w/Sunday School  <b>6:30pm - 8:00pm</b>                      AA + Al-Anon</p>	<p><b>10</b>  <b>6:30 pm</b> Women in Action</p>	<p><b>11</b>  <b>9:30am</b> Staff Meeting  <b>7:00 pm</b> Session Meets</p>	<p><b>12</b>  <b>7:00-9:00pm</b> Private Event – Grace Hall</p>	<p><b>13</b>  <b>1:00pm – 6:00pm</b> Red Cross Blood Drive  <b>7:00pm - 9:00pm</b> AA</p>	<p><b>14</b></p>	<p><b>15</b></p>
<p><b>16</b>  <b>9:15am</b> Choir Rehearsal  <b>10:00am</b> Worship w/Sunday School  <b>6:30pm - 8:00pm</b>                      AA + Al-Anon</p>	<p><b>17</b>  <b>6:30 pm</b> Women in Action  <b>7:00 pm</b> Finance Committee</p>	<p><b>18</b>  <b>9:30am</b> Staff Meeting  <b>8:00pm</b> Worship Committee</p>	<p><b>19</b>  <b>6:00 pm</b> The Sacred Pulse  <b>7:00-9:00pm</b> Private Event – Grace Hall</p>	<p><b>20</b>  <b>7:00pm - 9:00pm</b> AA</p>	<p><b>21</b></p>	<p><b>22</b>  <b>8:00-9:00am</b> Men's Bible Study  <b>3:00-5:00pm</b> 123Kids Halloween Trail</p>
<p><b>23</b>  <b>9:15am</b> Choir Rehearsal  <b>10:00am</b> Worship w/ Sunday School  <b>6:30pm - 8:00pm</b>                      AA + Al-Anon</p>	<p><b>24</b>  <b>6:30 pm</b> Women in Action</p>	<p><b>25</b>  <b>9:30am</b> Staff Meeting</p>	<p><b>26</b>  <b>6:00pm</b> The Sacred Pulse  <b>7:00-9:00pm</b> Private Event – Grace Hall</p>	<p><b>27</b>  <b>7:00pm - 9:00pm</b> AA</p>	<p><b>28</b></p>	<p><b>29</b>  <i>Tree Removal – Parking Lot Closed</i>  <b>2:00 – 3:00pm</b> Private Event</p>
<p><b>30</b>  <b>9:15am</b> Choir Rehearsal  <b>10:00am</b> Worship w/ Sunday School  <b>6:30pm - 8:00pm</b>                      AA + Al-Anon</p>	<p><b>31</b>  <b>6:30 pm</b> Women in Action  <b>7:00pm</b> Deacons meet</p>	<p><b>10/29 OR 11/5:</b> We are working with neighbors on Montague to remove a tree in their back yard. Work is tentatively scheduled for 10/29 with 11/5 as a back-up date. Our parking lot will be closed except for tree removal equipment for the day.</p>				

# STEM Saturday

Thank you to the 123Kids Committee and helpers for kicking off our fall events with an “electric” time! MLC (Montclair Learning Center) offered multiple tables of hands-on activities. Our young participants made their own slime. They made electric circuits using play dough as conductive material. They even got to launch rockets. Very cool!

